

Dr. Gabriel Prynne

Le violoncelle

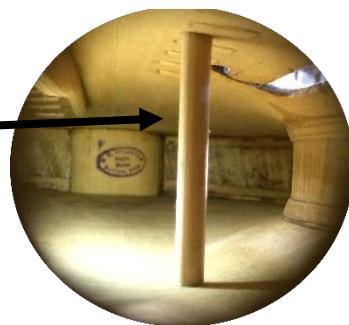
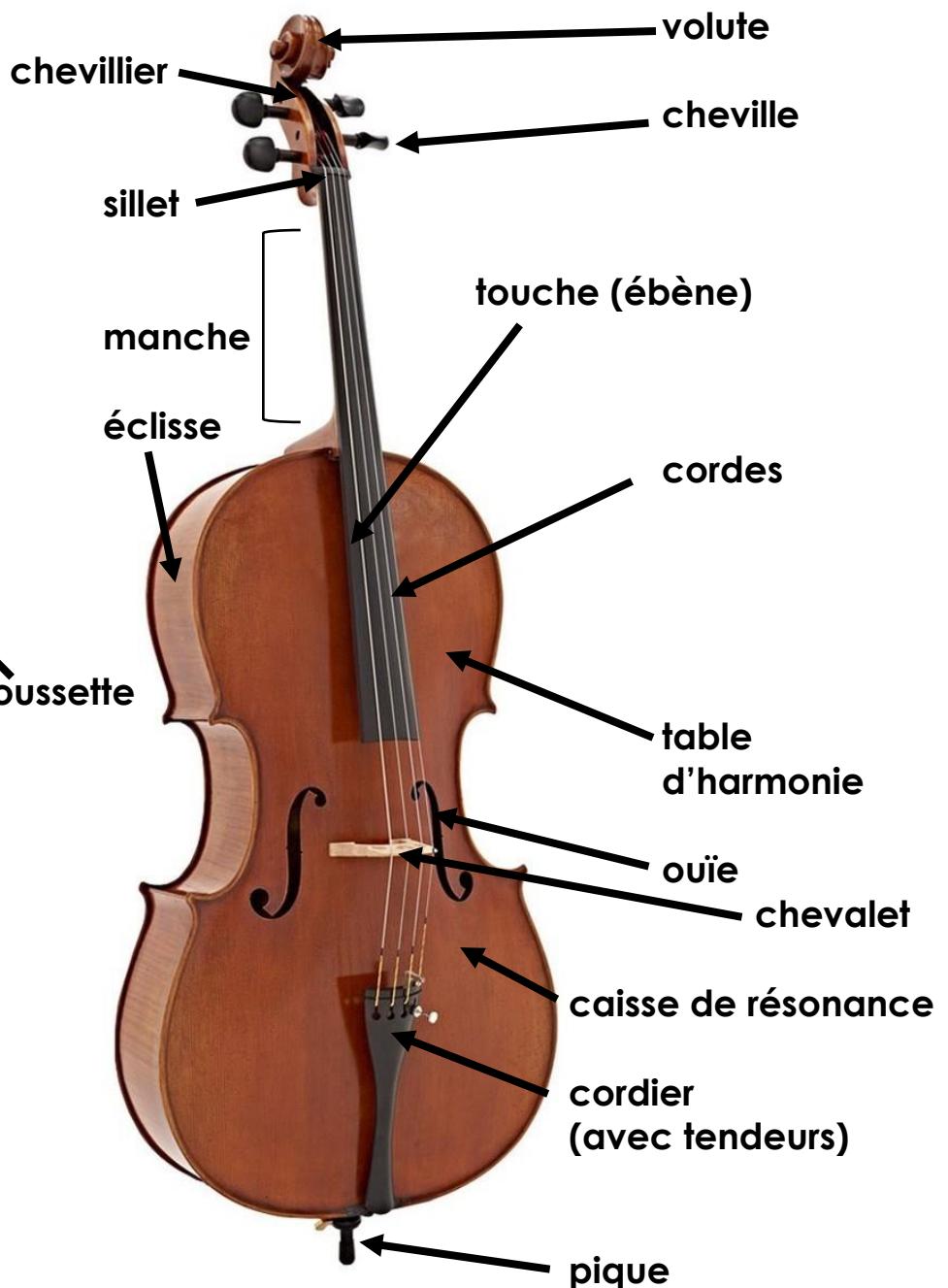
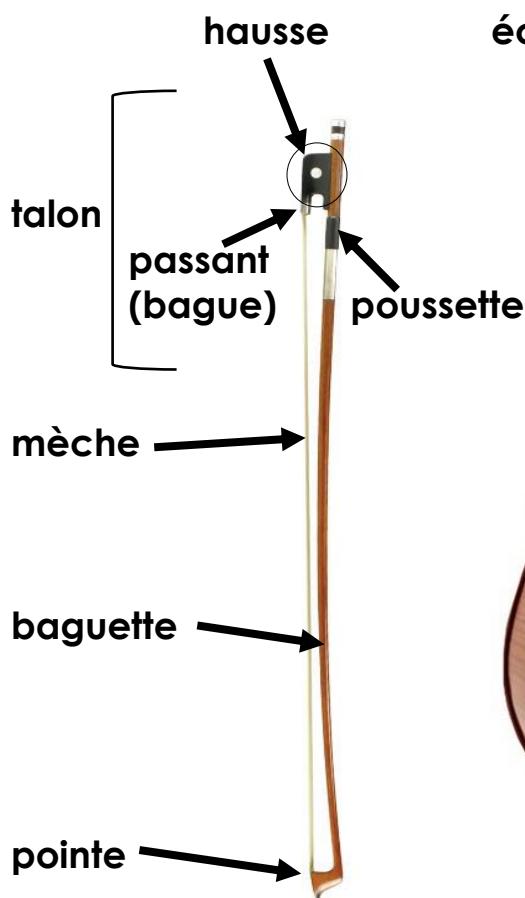
Les fondamentaux

1. Les parties du violoncelle et de l'archet
2. La tenue du violoncelle
3. La forme de la main droite
4. Le mouvement de l'archet
5. Les notes (main gauche)
6. Les premières gammes et arpèges

1. Les parties du violoncelle et de l'archet

Accessoires:

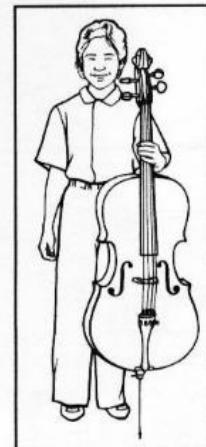
- Colophane
- Cale antidérapante (pour la pique)
- Chiffon doux pour nettoyer
- Appli accordeur
- Métronome



2. La tenue du violoncelle – les fondamentaux

1. Retirez l'archet de l'étui et mettez-le dans un endroit sûr. N'oubliez pas de desserrer l'archet lorsque vous avez fini de jouer et **évitez de toucher la mèche**. Ouvrez l'étui et retirez le violoncelle. Identifiez toutes les parties du violoncelle.

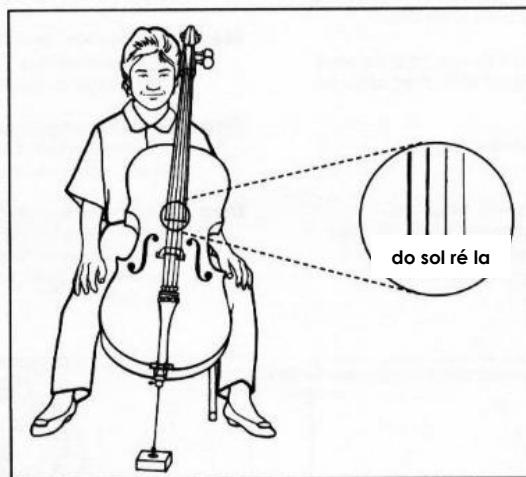
2. Ajustez la pique pour que la volute du violoncelle soit au même niveau que votre nez lorsque vous êtes debout.



3. Asseyez-vous au bord de votre chaise, les jambes écartées, avec vos pieds placés sous vos genoux. Placez la pique à la distance d'un bras, un peu à gauche, pour que votre tête reste centrée quand vous jouez.



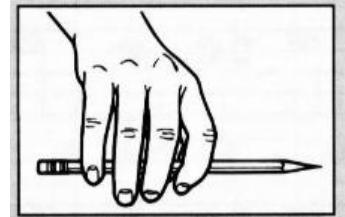
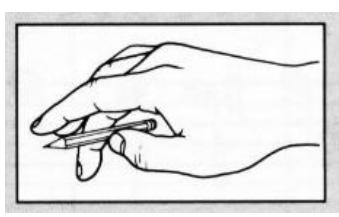
4. Laissez l'instrument reposer contre votre poitrine. La cheville de la corde de do doit être placée juste derrière votre oreille gauche, vos jambes touchant les éclisses inférieures du violoncelle. Il peut être nécessaire d'ajuster la pique pour plus de confort. Identifiez les noms des cordes et pincez-les, ce qui s'appelle jouer pizzicato.



3. La forme de la main droite.

On commence par le maintien du crayon.

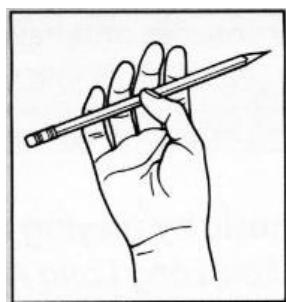
1. Tenez un crayon dans votre main gauche au niveau de la taille.
2. Placez le bout de votre pouce droit contre la première articulation du majeur.
3. Placez le crayon entre le pouce et le majeur de la main droite en maintenant le pouce légèrement incurvé. Gardez vos doigts détendus.



4. Entraînez-vous à modeler votre main sur le crayon jusqu'à ce qu'il soit naturel.

Exercices.

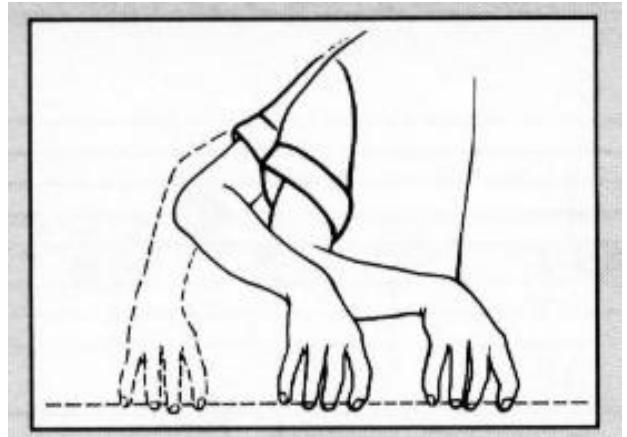
1. Dites au revoir tout en gardant votre poignet détendu.
2. Plier votre pouce dedans et dehors.
3. Tapotez le crayon en alternant l'index et l'auriculaire.
4. Vérification des jointures. Assurer que votre pouce est légèrement plié.



4. Le mouvement de l'archet

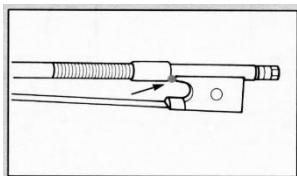
L'énergie du coude

- Eloigner votre coude droit de votre corps.
- Ouvrir l'avant-bras.
- Pour revenir, inversez le processus: fermez l'avant-bras droit, le coude se ferme contre le corps.
- Essayez le mouvement avec un crayon.

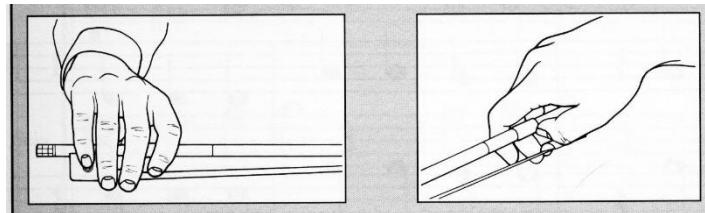


La tenue de l'archet

1. Identifiez toutes les parties de l'archet. Tenez l'archet dans votre main gauche près de la pointe avec le talon pointant vers la droite.
2. Placez le côté droit du bout votre pouce dans le petit coin où la housse se joint à la baguette :



3. Laissez tomber le reste des doigts sur la baguette de façon naturelle. Le bout du majeur touchera très probablement le passant (la bague) en métal, qui aide la prise de l'archet:

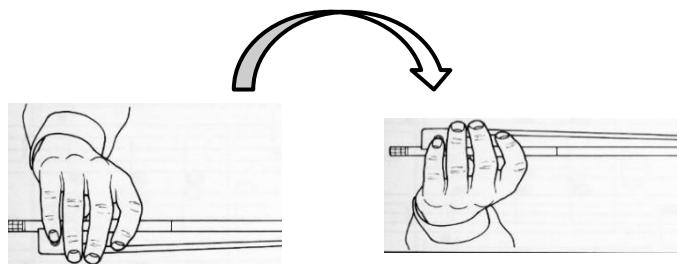


4. Tournez votre main droite pour vous assurer que le pouce est courbé.

5. Répétez les exercices au crayon présentés plus haut en tenant l'archet.

6. Exercice final pour la prise de l'archet :

Tenez l'archet devant vous et faites un mouvement lent comme des essuie-glaces. N'utilisez que la rotation du bras, ne changez pas la prise de votre archet ni la position de votre poignet pendant le mouvement :



Rotation interne des bras (pronation)



Nous devons faire une rotation interne de nos deux bras lorsque nous jouons le violoncelle:

- Pour pouvoir utiliser le poids naturel du bras droit, qui nous donne la puissance et la profondeur du son, et pour engager les muscles de notre bras, de notre épaule, et éventuellement de notre dos.
- Pour pouvoir utiliser le poids naturel du bras gauche afin d'aider la main gauche à appuyer sur les cordes, et pour stabiliser la main gauche (la rotation interne corrige la différence de longueur entre nos doigts).

On constate que les deux mains sont en réalité une image inversée l'une de l'autre, comme un miroir, ainsi:



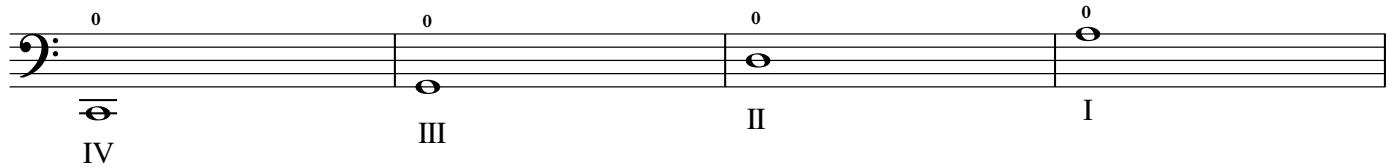
Les cordes à vide du violoncelle

Do

Sol

Ré

La



Exercices de l'archet en cordes à vide

•=72

9:6

□ V □ V □ V 0 0
0 III II IV

A musical staff in bass clef, spanning two measures. The first measure consists of four notes: a half note (with a circled '0' above it), followed by three quarter notes. The second measure also consists of four notes: a half note, followed by three quarter notes. The notes are black dots on solid horizontal lines. The staff begins with a bass clef and a 'C' key signature. Measure numbers '1' and '2' are positioned below the staff.

A musical staff in bass clef and common time. It features a sequence of notes: an open circle (quarter note), a solid black dot (eighth note), another solid black dot (eighth note), an open circle (quarter note), a solid black dot (eighth note), a solid black dot (eighth note), an open circle (quarter note), a solid black dot (eighth note), and a solid black dot with a vertical bar below it (eighth note).

A musical staff in bass clef and 10/4 time. The tempo is marked as ♩=72. The staff shows a bass line consisting of eighth notes and sixteenth notes, primarily on the B and A strings. The notes are grouped by vertical bar lines. The first measure starts with a bass note on the B string, followed by two sixteenth notes on the A string. The second measure starts with a bass note on the A string, followed by two sixteenth notes on the B string. The third measure starts with a bass note on the B string, followed by two sixteenth notes on the A string. The fourth measure starts with a bass note on the A string, followed by two sixteenth notes on the B string. The fifth measure starts with a bass note on the B string, followed by two sixteenth notes on the A string. The sixth measure starts with a bass note on the A string, followed by two sixteenth notes on the B string. The seventh measure starts with a bass note on the B string, followed by two sixteenth notes on the A string. The eighth measure starts with a bass note on the A string, followed by two sixteenth notes on the B string. The ninth measure starts with a bass note on the B string, followed by two sixteenth notes on the A string. The tenth measure starts with a bass note on the A string, followed by two sixteenth notes on the B string.

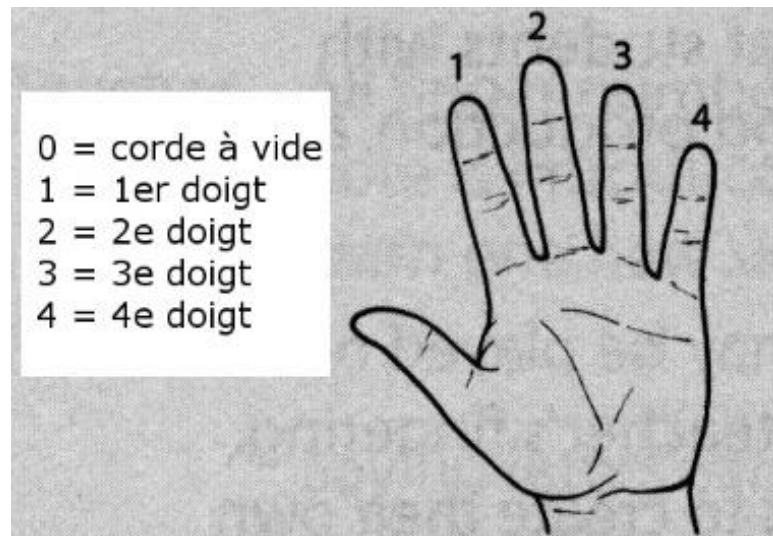
A musical staff in bass clef. It features a melodic line consisting of eighth and sixteenth notes. The notes are connected by slurs. There are also grace notes indicated by small dots before some of the main notes. The rhythm pattern is: eighth note, eighth note, sixteenth note, sixteenth note, eighth note, eighth note, sixteenth note, sixteenth note, eighth note, eighth note, sixteenth note, sixteenth note.

A bass clef musical staff consisting of five horizontal lines and four spaces. It features three note heads: two open circles (white notes) and one solid black note. The first note has a curved brace above it, and the third note also has a curved brace above it. The notes are positioned on the second, fourth, and fifth lines respectively.

A musical staff in bass clef. The first measure contains two open circles connected by a horizontal line. The second measure contains two solid black dots. The third measure contains two open circles connected by a horizontal line. The fourth measure contains two solid black dots. The fifth measure contains a solid black dot followed by a vertical bar line and a repeat sign consisting of a small circle with a vertical line through it.

5. Les notes (main gauche)

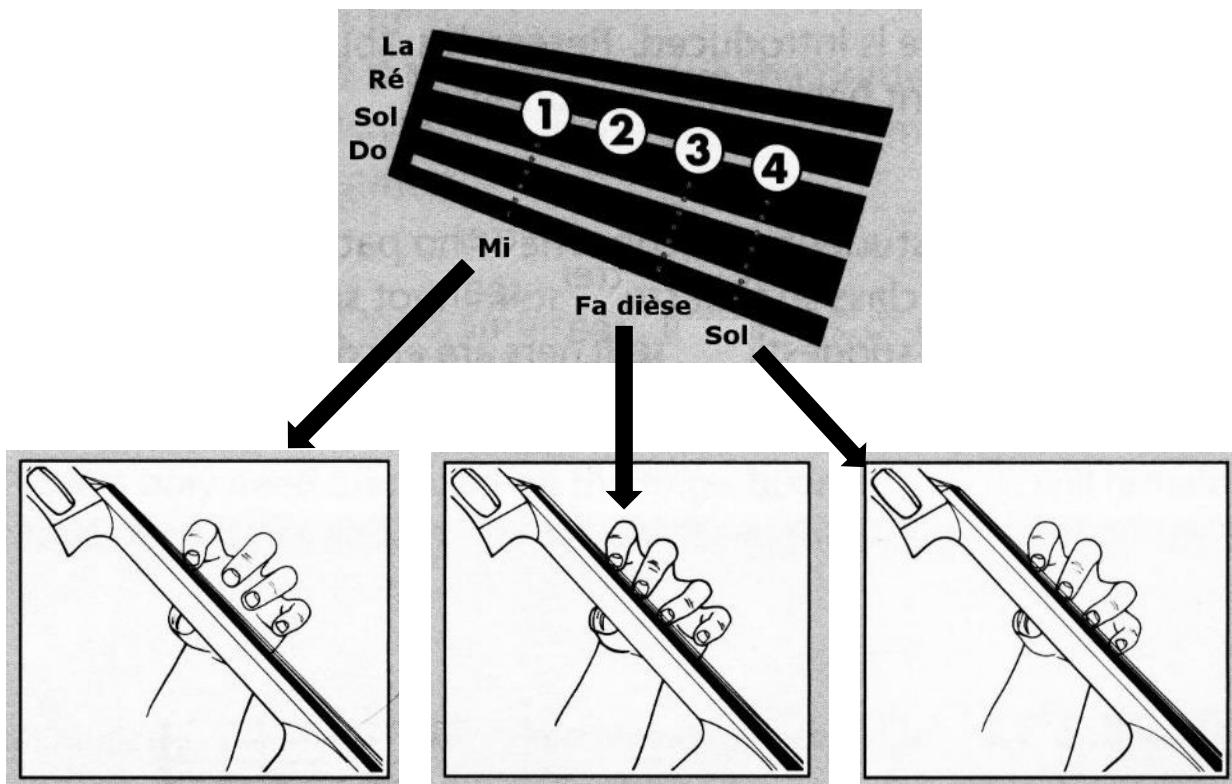
Au violoncelle, nous numérotions les doigts de la main gauche ainsi :

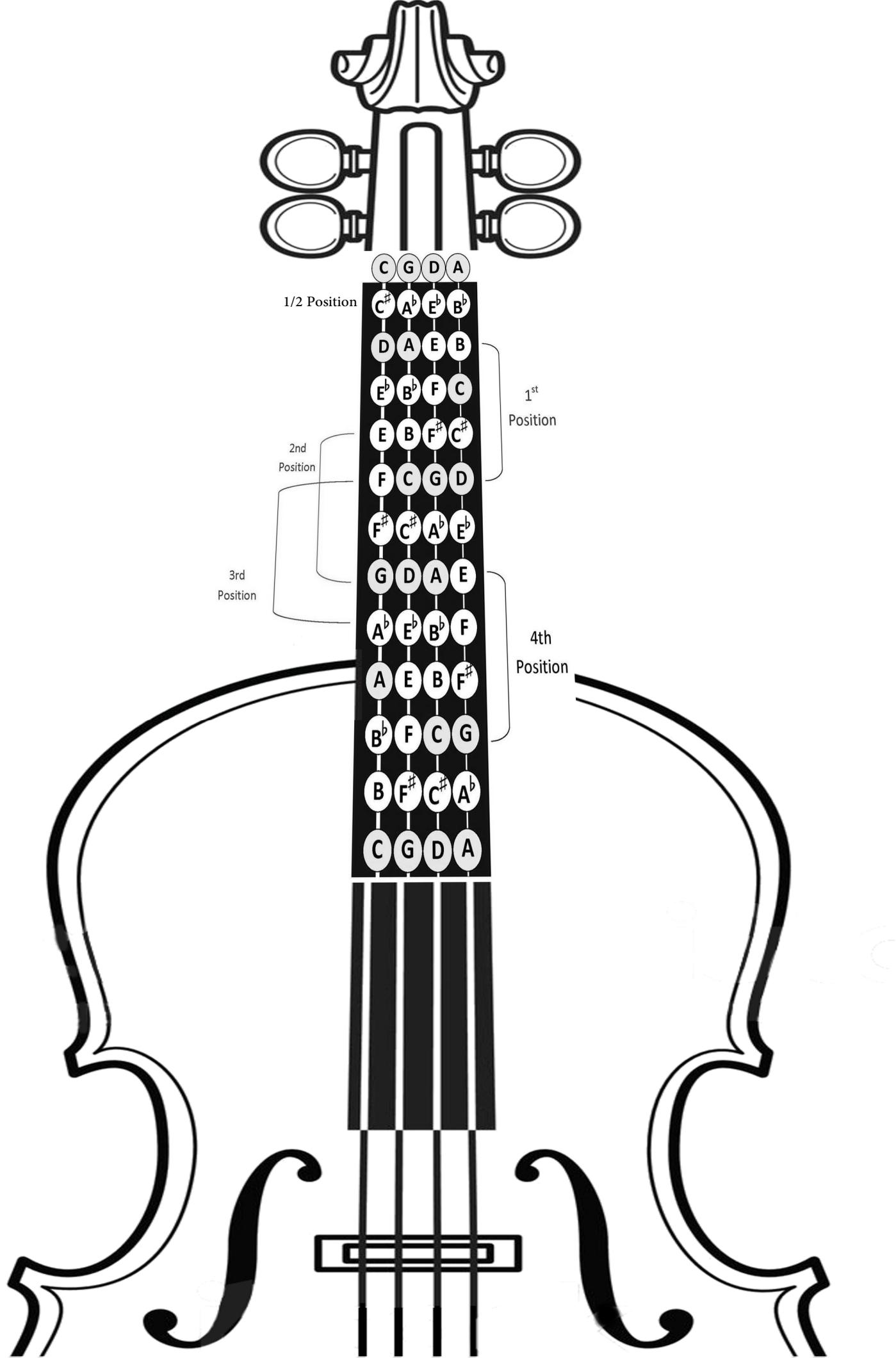


En position normale, l'espace entre chaque doigt crée un intervalle d'un **demi-ton**.

Quand on met la main en **première position**, le premier doigt (l'index) se place **un ton** au-dessus de la corde à vide. L'intervalle entre le premier et le quatrième est une **tierce mineure**. Il est fortement conseillé de poser des autocollants sur la touche pour indiquer la position de ces deux doigts afin d'aider les débutants

Regarder cet exemple sur la deuxième corde, la corde de **ré** :





6. First pieces and scales

Twinkle, Twinkle, Little Star

Try playing pizzicato before using the bow (arco)

Musical score for 'Twinkle, Twinkle, Little Star' on a bass clef staff. The score consists of three staves of music, each ending with a double bar line. The first staff starts at measure 0, the second at measure 5, and the third at measure 9. Each staff contains eight measures of music. The music is primarily composed of eighth notes and sixteenth notes. Fingerings are indicated above the notes: 0, 1, 3, 4, and 0. Slurs are also present. The key signature is two sharps (F major), and the time signature is common time (C).

6. Gammes d'une et deux octaves

D'abord en pinçant les cordes (**pizzicato**), en suite avec l'archet (**arco**)

Notes égales, séparées ET liées (deux par coups d'archet):



$\text{♩} = 44$

Sol majeur

Ré majeur

La mineur naturel

Do majeur,
2 octaves

<img alt="Musical notation for the C major scale (Do majeur) in bass clef and common time, spanning two octaves. The scale starts on C3 and ascends through D3, E3, F3, G3, A3, B3, C4, D4, E4, F4, G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, G6, A6, B6, C7, D7, E7, F7, G7, A7, B7, C8, D8, E8, F8, G8, A8, B8, C9, D9, E9, F9, G9, A9, B9, C10, D10, E10, F10, G10, A10, B10, C11, D11, E11, F11, G11, A11, B11, C12, D12, E12, F12, G12, A12, B12, C13, D13, E13, F13, G13, A13, B13, C14, D14, E14, F14, G14, A14, B14, C15, D15, E15, F15, G15, A15, B15, C16, D16, E16, F16, G16, A16, B16, C17, D17, E17, F17, G17, A17, B17, C18, D18, E18, F18, G18, A18, B18, C19, D19, E19, F19, G19, A19, B19, C20, D20, E20, F20, G20, A20, B20, C21, D21, E21, F21, G21, A21, B21, C22, D22, E22, F22, G22, A22, B22, C23, D23, E23, F23, G23, A23, B23, C24, D24, E24, F24, G24, A24, B24, C25, D25, E25, F25, G25, A25, B25, C26, D26, E26, F26, G26, A26, B26, C27, D27, E27, F27, G27, A27, B27, C28, D28, E28, F28, G28, A28, B28, C29, D29, E29, F29, G29, A29, B29, C30, D30, E30, F30, G30, A30, B30, C31, D31, E31, F31, G31, A31, 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A185, B185, C186, D186, E186, F186, G186, A186, B186, C187, D187, E187, F187, G187, A187, B187, C188, D188, E188, F188, G188, A188, B188, C189, D189, E189, F189, G189, A189, B189, C190, D190, E190, F190, G190, A190, B190, C191, D191, E191, F191, G191, A191, B191, C192, D192, E192, F192, G192, A192, B192, C193, D193, E193, F193, G193, A193, B193, C194, D194, E194, F194, G194, A194, B194, C195, D195, E195, F195, G195, A195, B195, C196, D196, E196, F196, G196, A196, B196, C197, D197, E197, F197, G197, A197, B197, C198, D198, E198, F198, G198, A198, B198, C199, D199, E199, F199, G199, A199, B199, C200, D200, E200, F200, G200, A200, B200, C201, D201, E201, F201, G201, A201, B201, C202, D202, E202, F202, G202, A202, B202, C203, D203, E203, F203, G203, A203, B203, C204, D204, E204, F204, G204, A204, B204, C205, D205, E205, F205, G205, A205, B205, C206, D206, E206, F206, G206, A206, B206, C207, D207, E207, F207, G207, A207, B207, C208, D208, E208, F208, G208, A208, B208, C209, D209, E209, F209, G209, A209, B209, C210, D210, E210, F210, G210, A210, B210, C211, D211, E211, F211, G211, A211, B211, C212, D212, E212, F212, G212, A212, B212, C213, D213, E213, F213, G213, A213, B213, C214, D214, E214, F214, G214, A214, B214, C215, D215, E215, F215, G215, A215, B215, C216, D216, E216, F216, G216, A216, B216, C217, D217, E217, F217, G217, A217, B217, C218, D218, E218, F218, G218, A218, B218, C219, D219, E219, F219, G219, A219, B219, C220, D220, E220, F220, G220, A220, B220, C221, D221, E221, F221, G221, A221, B221, C222, D222, E222, F222, G222, A222, B222, C223, D223, E223, F223, G223, A223, B223, C224, D224, E224, F224, G224, A224, B224, C225, D225, E225, F225, G225, A225, B225, C226, D226, E226, F226, G226, A226, B226, C227, D227, E227, F227, G227, A227, B227, C228, D228, E228, F228, G228, A228, B228, C229, D229, E229, F229, G229, A229, B229, C230, D230, E230, F230, G230, A230, B230, C231, D231, E231, F231, G231, A231, B231, C232, D232, E232, F232, G232, A232, B232, C233, D233, E233, F233, G233, A233, B233, C234, D234, E234, F234, G234, A234, B234, C235, D235, E235, F235, G235, A235, B235, C236, D236, E236, F236, G236, A236, B236, C237, D237, E237, F237, G237, A237, B237, C238, D238, E238, F238, G238, A238, B238, C239, D239, E239, F239, G239, A239, B239, C240, D240, E240, F240, G240, A240, B240, C241, D241, E241, F241, G241, A241, B241, C242, D242, E242, F242, G242, A242, B242, C243, D243, E243, F243, G243, A243, B243, C244, D244, E244, F244, G244, A244, B244, C245, D245, E245, F245, G245, A245, B245, C246, D246, E246, F246, G246, A246, B246, C247, D247, E247, F247, G247, A247, B247, C248, D248, E248, F248, G248, A248, B248, C249, D249, E249, F249, G249, A249, B249, C250, D250, E250, F250, G250, A250, B250, C251, D251, E251, F251, G251, A251, B251, C252, D252, E252, F252, G252, A252, B252, C253, D253, E253, F253, G253, A253, B253, C254, D254, E254, F254, G254, A254, B254, C255, D255, E255, F255, G255, A255, B255, C256, D256, E256, F256, G256, A256, B256, C257, D257, E257, F257, G257, A257, B257, C258, D258, E258, F258, G258, A258, B258, C259, D259, E259, F259, G259, A259, B259, C260, D260, E260, F260, G260, A260, B260, C261, D261, E261, F261, G261, A261, B261, C262, D262, E262, F262, G262, A262, B262, C263, D263, E263, F263, G263, A263, B263, C264, D264, E264, F264, G264, A264, B264, C265, D265, E265, F265, G265, A265, B265, C266, D266, E266, F266, G266, A266, B266, C267, D267, E267, F267, G267, A267, B267, C268, D268, E268, F268, G268, A268, B268, C269, D269, E269, F269, G269, A269, B269, C270, D270, E270, F270, G270, A270, B270, C271, D271, E271, F271, G271, A271, B271, C272, D272, E272, F272, G272, A272, B272, C273, D273, E273, F273, G273, A273, B273, C274, D274, E274, F274, G274, A274, B274, C275, D275, E275, F275, G275, A275, B275, C276, D276, E276, F276, G276, A276, B276, C277, D277, E277, F277, G277, A277, B277, C278, D278, E278, F278, G278, A278, B278, C279, D279, E279, F279, G279, A279, B279, C280, D280, E280, F280, G280, A280, B280, C281, D281, E281, F281, G281, A281, B281, C282, D282, E282, F282, G282, A282, B282, C283, D283, E283, F283, G283, A283, B283, C284, D284, E284, F284, G284, A284, B284, C285, D285, E285, F285, G285, A285, B285, C286, D286, E286, F286, G286, A286, B286, C287, D287, E287, F287, G287, A287, B287, C288, D288, E288, F288, G288, A288, B288, C289, D289, E289, F289, G289, A289, B289, C290, D290, E290, F290, G290, A290, B290, C291, D291, E291, F291, G291, A291, B291, C292, D292, E292, F292, G292, A292, B292, C293, D293, E293, F293, G293, A293, B293, C294, D294, E294, F294, G294, A294, B294, C295, D295, E295, F295, G295, A295, B295, C296, D296, E296, F296, G296, A296, B296, C297, D297, E297, F297, G297, A297, B297, C298, D298, E298, F298, G298, A298, B298, C299, D299, E299, F299, G299, A299, B299, C300, D300, E300, F300, G300, A300, B300, C301, D301, E301, F301, G301, A301, B301, C302, D302, E302, F302, G302, A302, B302, C303, D303, E303, F303, G303, A303, B303, C304, D304, E304, F304, G304, A304, B304, C305, D305, E305, F305, G305, A305, B305, C306, D306, E306, F306, G306, A306, B306, C307, D307, E307, F307, G307, A307, B307, C308, D308, E308, F308, G308, A308, B308, C309, D309, E309, F309, G309, A309, B309, C310, D310, E310, F310, G310, A310, B310, C311, D311, E311, F311, G311, A311, B311, C312, D312, E312, F312, G312, A312, B312, C313, D313, E313, F313, G313, A313, B313, C314, D314, E314, F314, G314, A314, B314, C315, D315, E315, F315, G315, A315, B315, C316, D316, E316, F316, G316, A316, B316, C317, D317, E317, F317, G317, A317, B317, C318, D318, E318, F318, G318, A318, B318, C319, D319, E319, F319, G319, A319, B319, C320, D320, E320, F320, G320, A320, B320, C321, D321, E321, F321, G321, A321, B321, C322, D322, E322, F322, G322, A322, B322, C323, D323, E323, F323, G323, A323, B323, C324, D324, E324, F324, G324, A324, B324, C325, D325, E325, F325, G325, A325, B325, C326, D326, E326, F326, G326, A326, B326, C327, D327, E327, F327, G327, A327, B327, C328, D

La tonique allongée

Notes égales, séparées ET liées par deux :

Diagram illustrating two ways to play eighth-note patterns. The first pattern shows notes separated by vertical stems with horizontal dashes between them, followed by a bracketed 'etc.'. The second pattern shows notes connected by horizontal dashes, followed by a bracketed 'etc.'

$\text{♩} = 44$

Sol majeur

Musical staff for Sol majeur in 4/4 time, consisting of six measures of eighth-note patterns.

Ré majeur

Musical staff for Ré majeur in 4/4 time, consisting of six measures of eighth-note patterns.

La mineur naturel

Musical staff for La mineur naturel in 4/4 time, consisting of six measures of eighth-note patterns.

$\text{♩} = 44$

Do majeur,
2 octaves

Musical staff for Do majeur, 2 octaves in 4/4 time, consisting of six measures of eighth-note patterns.

**Les arpèges
(Notes séparées)**

Sol
majeur



Une octave

$\text{♪} = 88$

Ré
majeur



La
mineur



Do
majeur



Deux octaves

$\text{♪} = 88$